

Giving the Thought of the Night:

This is your opportunity to give a two to three minute speech about almost anything you wish. It could be about a current issue, an inspirational or motivating philosophy or simply sharing something with your audience.

The Thought of the Night is delivered at the beginning of the meeting, so it is good to consider a topic that will inspire and/or connect with the audience. It is like your gift or call for contemplation. You can use notes if you wish.

Stand behind the lectern and start with:

- an opening line such as “Good evening ladies and gentlemen” or “Madam/Mister Toastmaster, members and guests”
- your introduction might be a statement such as “my thought of the night is ...” or maybe a question. It is up to you.
- take your time; remember to look at the audience as often as possible and smile when appropriate
- When you have finished, look at the Toastmaster of the Evening and say “Mister/Madam Toastmaster” to hand the floor back to the MC